

FOXTROT Line Dance - 32 beats

Begin with weight on right (rt) foot (ft)

S = Slow step, or 2 beats of music; **Q** = Quick step, or 1 beat of music

Figure 1: Box - 8 beats - **SQQ, SQQ**

Left foot forward (heel-toe)
Right foot to the right (toe)
Left foot closes to right foot (toe-lower)

Right foot back (ball-flat)
Left foot to the side (inside edge-ball)
Right foot closes to left foot (ball-flat)

Figure 2: Balance step to left - 4 beats - **SQQ**

Left foot moves left (ball)
Right foot crosses in front of left foot (ball-flat)
Replace weight to left foot (ball-flat)

Figure 3: Balance step to right - 4 beats - **SQQ**

Right foot to the right (ball)
Left foot crosses in front of right foot (ball-flat)
Replace weight to right foot (ball-flat)

Figure 4: Vine to left and lunge - 6 beats - **QQQQ S**

Left foot to left (ball-flat)
Right foot crosses in front of left (ball)
Left foot to left (ball-flat)
Right foot crosses behind left foot (ball)

Left foot to left - 2 beat lunge (ball-flat)

Figure 5: Vine to right and lunge - 6 beats - **QQQQ S**

Right foot to right (ball-flat)
Left foot crosses in front of right (ball)
Right foot to right (ball-flat)
Left foot crosses behind right foot (ball)

Right foot to right - 2 beat lunge (ball-flat)

Figure 6: Walk to face new wall - 4 beats - **SS**

Left foot forward rotating toward new wall (heel)
Right foot forward while finishing rotation toward new wall (heel)

BEGIN AGAIN