

10/30/2020 last updated 10/31/2020

Samba Line Dance Syllabus (32 beats, 4 walls)

Begin with weight on the right foot

Walk forward with bounce* – 1, 2, 3, 4 – Left, Right, Left, Right foot kicks forward and no weight change

Walk backward with bounce – 5, 6, 7, 8 – Right, Left, Right, Left foot points left and no weight change

Basic Bounce – 1a2, 3a4, 5a6, 7a8:

1, a, 2 - left foot forward, right foot closes to left foot, replace weight to left foot

3, a, 4 – right foot back, left foot closes to right foot, replace weight to right

REPEAT – 1, a, 2 and 3, a, 4 for 5a6 and 7a8

Bota Fogos (with bounce and with minimal forward travel*) – 1a2, 3a4, 5a6, 7a8

1a2:

1 - left foot crosses in front of right foot

a - right foot to side with partial weight change (~1/8 of turn to left)

2 - replace weight to left foot

3a4:

3 – right foot crosses in front of left foot

a – left foot to side with partial weight change (begin ~1/4 turn to right)

4 – replace weight to left foot (finish ~1/4 turn to right)

For 5a6, 7a8 repeat 1a2 3a4

(with exception that on a6, turn is ~1/4 to left, and on a8, turn is ~1/8 to right (i.e. to end facing wall))

Voltas (with bounce) – 1a2, a3, a4 5a6, a7, a8

1 – left foot crosses in front of right foot

a – right foot to side

2 – left foot crosses in front of right foot

a3 a4 – as in a2 above

5 – right foot crosses in front of left foot (now traveling left)

a – left foot to side

6 – right foot crosses in front of left foot

Repeat a6 for a7 and a8 (on beat 8 swivel 90 to left on right foot to face next/new wall)

BEGIN AGAIN

*Bounce and other samba technique discussed in class.